Be Essential for Jesus

Ephesians 2:10 For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Weekly Family Checklist

Elijah and the Widow
Trust – God provides what I need

As you prepare and go through the lesson, use this handy checklist to keep track of everything.

☐ **Scripture** – Read through with your family
☐ **Bible Story** – Available to watch on YouTube
☐ **Family Chat Questions** – Use these to further discuss the scripture and Bible story. Use them all at one time or spread them out over the week.

☐ **Family Activities**
  ☐ **Mirror Message** – use a dry erase marker or toothpaste
  ☐ **Make Homemade Playdough** – you will need ingredients to make playdough (see link)
  ☐ **Create a Family Cookbook** – you may choose to gather recipes in a notebook or binder
  ☐ **Play a Kitchen Guessing Game** – uses small amounts of sugar, salt, oil, water, and a variety of spices (for smelling)
  ☐ **Create a Sensory Bottle** – gather a plastic water bottle, food coloring, and use the oil and water from the guessing game, option to add glitter, beads, and small plastic items (see link)
  ☐ **Say Thank You to a Grocery Worker**
  ☐ **Scavenger Hunt** - included in packet

☐ **Children’s Independent Activities**
  ☐ **Create a Crazy Recipe**
  ☐ **Delivery Driver Thank You Poster** – you will need paper and coloring supplies
  ☐ **Make Your Own Placemat** – you will need paper and coloring supplies
  ☐ **Activity Sheets** - included in packet

☐ **Snack Time** – you will need ingredients for edible playdough (see link) and different grain snacks and toppings

☐ **Closing Prayer**
☐ **Dive in Deeper** (Optional)
☐ **Family Challenge** (dependent on individual church)
☐ **Mission Project** (dependent on individual church)