



Be Essential for Jesus

Ephesians 2:10 For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Weekly Family Checklist Shiphrah and Puah Courage – God gives me strength to do what is right

As you prepare and go through the lesson, use this handy checklist to keep track of everything.

- Scripture** – Read through with your family
- Bible Story** – Available to watch on YouTube
- Family Chat Questions** – Use these to further discuss the scripture and Bible story. Use them all at one time or spread them out over the week.
- Family Activities**
 - Mirror Message** – use a dry erase marker or toothpaste
 - Listening Experiment** – you will need two people and background noise (t.v.)
 - Baby Race** – you will need a baby doll and a small blanket
 - Doing the Right Thing Scenarios** - included in packet
 - Scavenger Hunt** - included in packet
- Children's Independent Activities**
 - Play Pharaoh Says**
 - Make a Prayer Scroll** – you will need a piece of paper and string
 - Create a Courage Amulet** – you will need scissors and string; option to decorate and add beads.
 - Healthcare Worker Thank You Card** – you will need paper and coloring supplies
 - Activity Sheets** - included in packet
- Snack Time** – You will need baby food or a blender to make your own
- Closing Prayer**
- Dive in Deeper** (Optional)
- Family Challenge** (dependent on individual church)
- Mission Project** (dependent on individual church)