Weekly Family Checklist
Shiphrah and Puah
Courage – God gives me strength to do what is right

As you prepare and go through the lesson, use this handy checklist to keep track of everything.

☐ Scripture – Read through with your family
☐ Bible Story – Available to watch on YouTube
☐ Family Chat Questions – Use these to further discuss the scripture and Bible story. Use them all at one time or spread them out over the week.
☐ Family Activities
  ☐ Mirror Message – use a dry erase marker or toothpaste
  ☐ Listening Experiment – you will need two people and background noise (t.v.)
  ☐ Baby Race – you will need a baby doll and a small blanket
  ☐ Doing the Right Thing Scenarios - included in packet
  ☐ Scavenger Hunt - included in packet
☐ Children's Independent Activities
  ☐ Play Pharaoh Says
  ☐ Make a Prayer Scroll – you will need a piece of paper and string
  ☐ Create a Courage Amulet – you will need scissors and string; option to decorate and add beads.
  ☐ Healthcare Worker Thank You Card – you will need paper and coloring supplies
  ☐ Activity Sheets - included in packet
☐ Snack Time – You will need baby food or a blender to make your own
☐ Closing Prayer
☐ Dive in Deeper (Optional)
☐ Family Challenge (dependent on individual church)
☐ Mission Project (dependent on individual church)